Career Counseling and Services: A Cognitive Information Processing Approach

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Chapter 12

Developing and Implementing a Career Services Program: A Personal Case History



Overview

- Organizational Context
- Establishing a Career Services Program
- Ongoing Program Development
- Personal Reflections



Organizational Context

- Physical setting for a career services program
- What is required in this setting to help clients solve career problems and make decisions?
- Important to provide a center that is positive, accepting, attractive, neat, organized, and helpful



Organizational Context

- Goal in designing our career services program was to:
 - respond to basic information needs
 - provide the least complex interventions
 - draw upon basic staff competencies or skills



Establishing a Career Services Program

 In Holland terms, what characteristics do program developers possess?

Requires E, I, and S skills and interests



Establishing a Career Services Program

- Useful guides
 - CASVE cycle
 - Holland's RIASEC theory
 - ISD Model



Communication

- Gaps in career services in the 60s
 - Student demand for career assistance
 - Student needs for career information
 - Dissatisfaction with academic advising
 - Counseling center's career resources were minimal



Communication

- Louis Harris survey showing dissatisfaction with availability of career and academic information
- Novel approaches to providing career information
- Separation of career placement, career counseling, and academic and career advising



Analysis

- Problem was long standing and complex; no ready made solutions existed
- Contacts with key figures in the field, (e.g., Tiedeman, Holland)
- Contacts with faculty and administrators



Analysis

- College of Education faculty interest in creating career counseling degree programs
- Similar problem with career information existed at other institutions
- Successful models using paraprofessional advisors
- Student career problem-solving needs were recurring and repetitive



Synthesis

- Exploring potential options
 - small career information centers in residence halls or in student union lobby
 - university library
 - self-help program that would be client-centered, matching services to specific client needs



Synthesis

- Exploring potential options (continued)
 - multimedia career information delivery system
 - include both educational and occupational information, along with campus and community referral resources
 - staffed by para and pre-professionals
 - use instructional systems design (ISD) approach to develop program components



Valuing

- Considering pros and cons of various intervention alternatives
- Using ISD to structure program development process
- Changes role of the counselor/ paraprofessional



Valuing

- Variety of learning activities can be used
- Locate program in student living and high traffic areas
- Target clients would be lower-division undergraduates



Valuing

- Create information resources to complement the work of external staff
- Innovative and reflects creative use of information in career services
- Personal and professional commitment to the program development activity



Execution

- Spring 1972, pilot program in residence hall
- Developed evaluation model to assess impact of pilot program
- Secured funding



Execution

- Development of 5 instructional modules:
 - CCIS Introduction
 - Decision Making
 - Self Assessment
 - Information Resources
 - Referral Resources



Execution

- Pilot program launched in January 1973
- Established as an ongoing program called the Curricular-Career Information Service (CCIS), Fall 1973
- Second location established in the student union
- CCIS merged with Department of Career Development Services, 1979
- Comprehensive Career Center created that included CCIS, career placement, and cooperative education, 1984



Ongoing Program Development

- Existing CCIS career services program has adapted to changing conditions in the external environment, e.g.,
 - facility relocation
 - personnel
 - technology
 - university structure



Ongoing Program Development

CASVE problem-solving model

- helped focused ongoing program development efforts
- can be generalized to other settings



Mission Statement

- Capsule statement of the philosophy of a social system
- Example of the FSU Career Center's mission statement
- Sought to align with the larger mission of the University



FSU Career Center Mission Statement

"The mission of the FSU Career Center is to provide comprehensive career services, train career service practitioners, conduct life/career development research, and disseminate information about life/career services and issues to the university community, the nation, and the world"



Systems Perspective

- Career center has unique boundary spanning role
- Career center involvement in teaching, research, and service
- Use of CASVE problem-solving model and instructional systems design help create and maintain viable career services



Career Center Continua

- Involvement in Career Development
- Involvement in Experiential Education
- Locus of Placement
- Locus of Funding

Source: Vernick, S., Garis, J., & Reardon, R. (2000). Integrating service, teaching, and research in a comprehensive university career center. Article submitted to the <u>Adult Career Planning & Development Journal</u>.



Involvement in Career Development

Low

Placement advising only with career counseling in the Counseling Center or Academic Advising

Comprehensive career counseling, programming & assessment



Involvement in Experiential Education

Low

Decentralized experiential education services

Mission for coop. education, internships & part-time employment



Locus of Placement



De-Centralized

Centralized



Locus of Funding

Self-supported Stathrough client app

and employer

fees, fund raising

State/Institutional appropriated



Comprehensive Career Centers

Career advising & intake Individual & group counseling

Assessment & computerassisted guidance

Career information

Career planning classes for credit

Career education outreach
Experiential education
Career expositions
On-campus recruiting
Job listings & resume
referral services



Theory-Based Services

- John Holland's theory
 - RIASEC/Self-Directed Search
 - Personal Career Theory (PCT)

- Cognitive Information Processing Theory (CIP)
 - teach individuals to solve career problems and make decisions



Fund Raising

- Multiple efforts to raise external funds
- Use external funds to provide resources for students and community members, which in turn benefits employers



Fund Raising

- Examples of fund raising activities:
 - Placement Partners
 - Named Rooms
 - Career Advisor Scholarship Program
 - Friends of the Career Center



Career Portfolio

- Initial idea began with the University President
- Program to assist students in communicating information about their skills to employers
- Cooperative effort between
 Administrative Information Services & Career Center



Career Portfolio

- Educates students on the importance of professionally relevant skills
- Provides a system for students to chronicle their skills
- Web-based portfolio for students to use in seeking employment and applying to graduate schools



Career Portfolio Skills

- communication
- creativity
- critical thinking
- leadership
- life management

- research/project development
- social responsibility
- teamwork
- technical/scientific
- optional skill



Web Site Redesign

- Collaborative effort between Career
 Center and Tech Center staff
- Use of a needs-based format
- More user friendly design
- Web site becomes integral part of service delivery (virtual career center)



Personal Reflections

- Clients are willing to take responsibility for finding and using career information
- ISD model can be used in creating resources that will help clients achieve learning objectives
- Clients want information in varied formats, attractively packaged



Personal Reflections

- Delivery of career information via a variety of formats
 - attractive to administrators
 - tangible evidence of service delivery
 - facilitates program accountability
- Importance of connecting with the larger organization



Summary

- Case study of implementing a career service delivery system
- Illustrates how personal and institutional commitment, along with CASVE cycle & ISD, led to creation of career services program
- CASVE paradigm & ISD can be successfully applied to design, development, and evaluation of career programs in other settings

Getting the Most Benefit from Reading

- Identify 3 critical factors that impacted success of career services programs
- Prepare case for or against proposition and debate issue
- Identify a setting and prepare hypothetical case study
- Conduct information interview with person who has developed a successful program



For Additional Information

www.career.fsu.edu/techcenter/

Thank You



