### **CHOOSING A MAJOR**

Steps for selecting a major that aligns with your personality and career goals

# EXAMINE YOUR VALUES, INTERESTS & SKILLS

Knowing what you care about, what you like, and what you're good at can help you choose the right path for you:

- Use <u>Focus 2</u> and <u>Sigi3</u> assessments to learn about yourself quickly and conveniently
- · Complete a values card sort with a career advisor
- Enroll in the <u>ProfessioNole Ready</u> course and complete the Choose Your Path module for guided self-help

#### FIND OUT WHAT YOU CAN DO WITH YOUR MAJOR

<u>Match Major sheets</u> align occupations and majors to help you expand your knowledge of career options. In addition to covering occupations, Match Major sheets show examples of:

- Work settings
- Employers
- Professional associations
- Occupational websites

## KNOW YOUR MAJOR OPTIONS

It's important to know what majors FSU offers and be up-todate on changes in academic programs that could impact your planning:

- Use the <u>Academic Program Guide</u> to see all of the current FSU majors offered
- Use the <u>Major Comparison</u> function to help you distinguish between related majors
- <u>Make an appointment</u> with an academic advisor to learn more about specific majors and to find out what requirements they may have

# ENROLL IN A CAREER DEVELOPMENT COURSE

Introduction to Career Development (SDS 3340) is a structured course that helps you with career decision-making and planning:

- Available for 1, 2, or 3 credit hours
- Assignments are personalized and exploratory
- Take multiple career assessments and work with your instructor one-on-one

### TRY THINGS OUT

You can learn a lot about what you like and what you're good at by trying things out:

- Visit <u>Nole Central</u> to browse more than 700 FSU student organizations
- Connect to resources at FSU's <u>Center for Leadership and</u> <u>Social Change</u> to find numerous service opportunities
- The <u>Undergraduate Research Opportunity Program</u> can connect you to faculty conducting cutting edge research in every department
- <u>FSUshadow</u> allows you to participate in one-day shadowing opportunities to provide you exposure to a career field of interest

#### MAKE CONNECTIONS THAT COUNT

Networking can be intimidating, but FSU's Career Center offers programs to help:

- Visit <u>NoleNetwork</u> events to learn about companies that recruit at FSU through employer information & networking sessions or career fairs. Get to know the diverse opportunities available to you by meeting with recruiters.
- <u>ProfessioNole Mentors</u> helps you connect to potential mentors in occupations that you're interested in
- <u>LinkedIn</u> has a robust alumni search to get you in touch with people who had majors you're considering

### OTHER ACTION STEPS

- · Meet with a Career Advisor or Liaison
- See the <u>Choosing a Major or Occupation</u> career guide for more information
- · Visit here to learn more abour career decision making
- · Watch this Candid Career Playlist
- Search our online catalog, <u>Career Key</u> to locate books on this topic using keywords: college majors, personality

