

Taking Charge of Your Career Direction, 5th Edition

(1st book in 2-Book Series)

Author: Robert D. Lock

Focus

- Comprehensive 2 book series; 1st book: Career Planning
- Several theories mentioned, does not appear to be focused on one main theory (Super, Kromboltz, Roe, Holland, Jung, McClelland, Maslow, Haldane, etc.)
- Orientation is practical; focuses on exercises and activities using various theories

Background

- First published in 1987 and is currently in its 5th edition
- Total of 316 references, dates of references range from 1909-2004
- Brief information about the author is available in the acknowledgement section
- First author has taught the course for the past quarter-century

Content

- Total of 476 pages with no photos
- Assignments/Learning Activities
 - Exercises/Activities = 73
 - Tables/Figures = 72
- Exercises and activities are imbedded with the text
- Chapters are not broken down into units, but in the preface it mentions that there are three major themes, which are career awareness, self-study, career decision making.
- Chapters include: Introduction to Career Planning; The Changing World of Work; Your Preferences in the World of Work; Gathering Information about Your Occupational Prospects; Motivation and Achievement; Abilities: Skills and Aptitudes; Cultural, Personal, and Work Values; Focusing on Your Career Decision; Making Career Decisions: Putting It All Together; Reality-Testing Your Career Choice
- In-depth discussions of various assessments and also contains self-reflection activities and exercises using card sorts and CACGs

Instructional Support & Price

- Cost of Book: \$57.95
- Instructor's Manual: available upon adoption
- There appears to be no PowerPoint supplement
- Additional resources:
 - Brooks/Cole Annual "Clips for Coursework" Video for Helping Professions, 2005
 - Opposing Viewpoints Resource Center (not sold separately)
- Bundle: Taking Charge of Your Career Direction: Career Planning Guide, Book 1, 5th + Job Search: Career Planning Guide, Book 2, 5th: \$106.90
- Bundle: Taking Charge of Your Career Direction: Career Planning Guide, Book 1, 5th + Info Trac College Edition: \$43.95