

Career Development in Corrections



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Presentation Overview

- ❑ Why is This Important?
- ❑ Current Programs
- ❑ New Direction
- ❑ CIP Approach
- ❑ Utilizing CIP in Corrections

Why is This Important?

□ Offenders

- Roughly 1,600 individuals a day will be released from prisons
- Inability to obtain employment contributes to recidivism
- Potential problems they will face:
 - Unemployment
 - Homelessness
 - Substance abuse
 - Mental health problems
 - Social stigma
 - Domestic issues



Why is This Important?

□ Female Offenders

- In 2004, 104,848 women were in prison
- Fastest growing prison population
- Women may have more obstacles due to:
 - Social problems
 - Lack of self-esteem
 - Social embarrassment of felon status
 - Lack of assertiveness
- Vocational programs tend to be restricted to “female occupations”
- Some research indicates difference in career variables (i.e. career thoughts and interests)



Current Programs

- ❑ Most correctional facilities offer the following services:

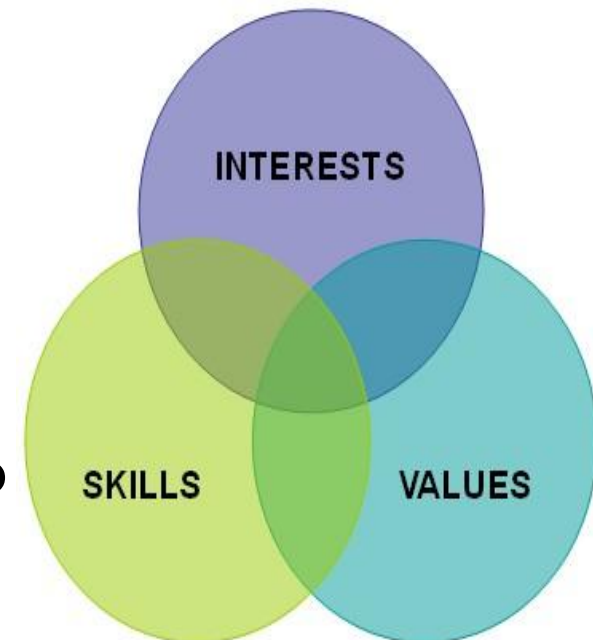
- ❑ Vocational
- ❑ Academic
- ❑ Transitional



- ❑ Many facilities exceed traditional services

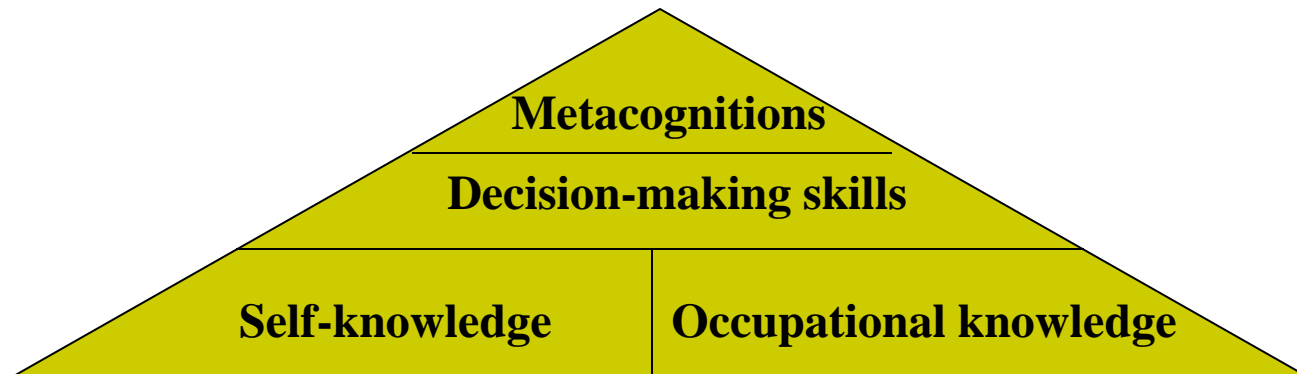
New Direction

- “Human Capital” Approach
 - Improvement in skills + attitudes toward work + self-esteem = increased employment opportunities upon release
- Examine numerous layers of career development issues
 - Thoughts surrounding career
 - Values, interests, and skills
 - How and where to find career information
 - How to make a decision
 - Feeling confident about decision made
- How can this be accomplished?



Cognitive Information Processing

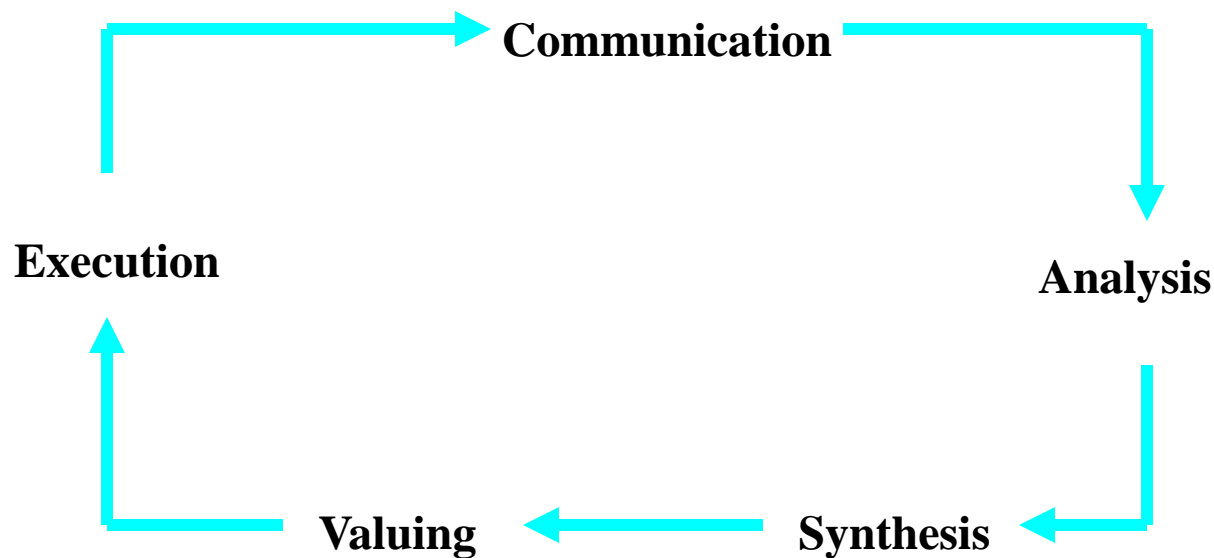
- The Pyramid of Information Processing Domains
 - “Content” of career problem solving and decision making



Cognitive Information Processing

□ The CASVE cycle

- “Process” of career problem solving and decision making





Utilizing CIP in Corrections

- ❑ Identifying, challenging, and altering negative thoughts
- ❑ Identifying occupations that are congruent with interests
- ❑ Learning how to solve problems to decrease future difficulties

Questions???

Presentation materials posted at:
www.career.fsu.edu/techcenter/

Please feel free to email me with questions or comments:
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