

Florida State University

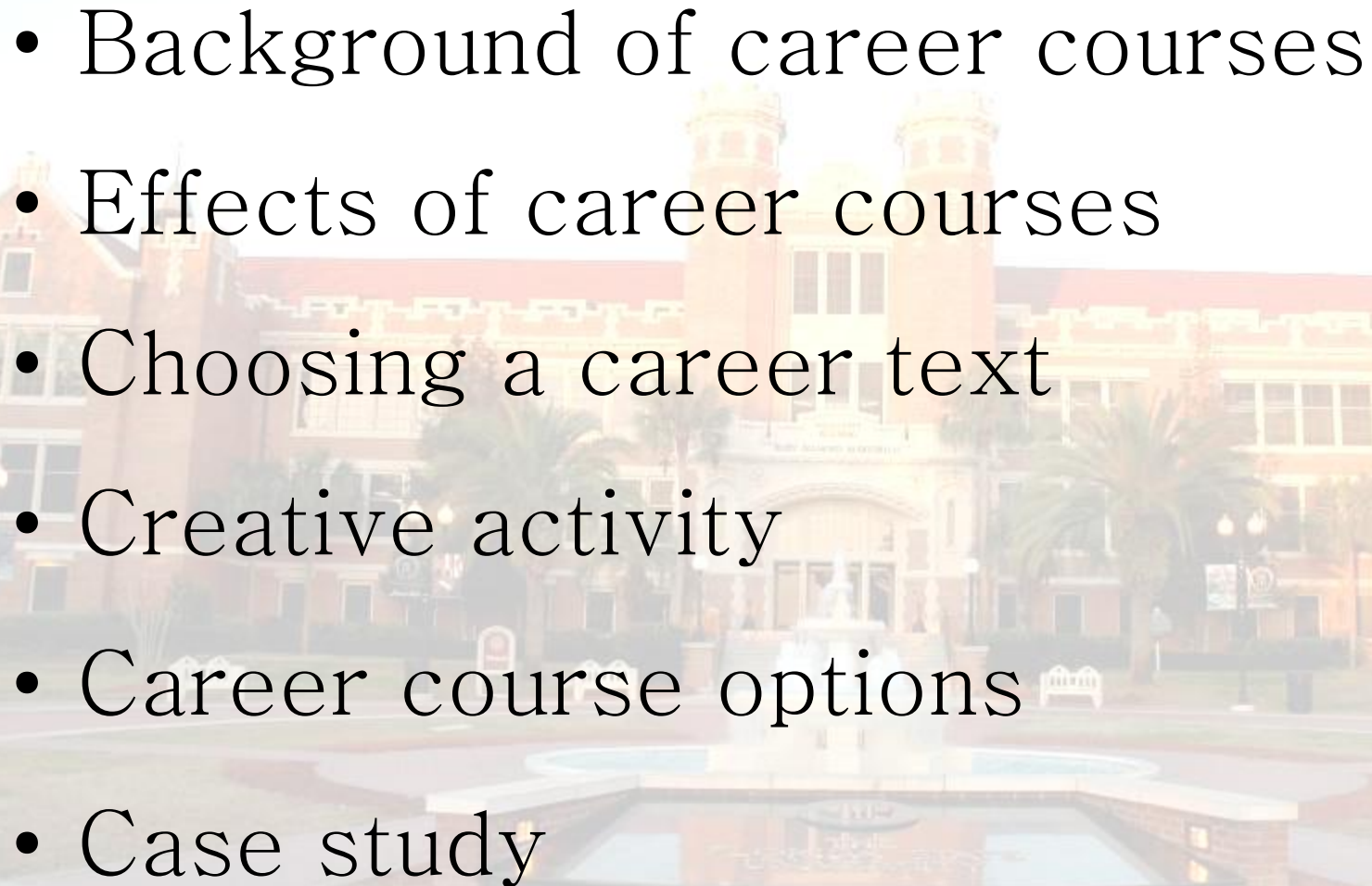
Capturing Students' Attention:

Creative Instruction and Resources in a Career Course

V. Casey Dozier, Ed.S., M.S.
Susie Musch, Ed.S., M.S.

FSU Career Center
NCDA Global Conference, July 2009

Overview

- Background of career courses
 - Effects of career courses
 - Choosing a career text
 - Creative activity
 - Career course options
 - Case study
- 
- The background of the slide features a large, multi-story university building with a red brick facade and several towers. In the foreground, there is a large, ornate fountain with multiple tiers and water spraying upwards. The scene is set in a well-maintained courtyard with green lawns and some palm trees. The overall atmosphere is that of a classic academic institution.

Background of Career Courses



Background of Career Courses

- Gain in popularity
- Reduction of published research studies
 - 1976–1989 – 31
 - 1990–1999 – 11
 - 2000–2005 – 6
- Examination of 47 studies
 - Classes were more effective than most interventions

Budget cuts

class size

The New Global Economy

Retirement **“The dual agenda”**

Employment security

Academic Advising *GPA cutoffs*

Immigration **SOCIAL SECURITY**

Overtime **Housing Markets**

COBRA Telecommuting

Health Care Retention rates

Affirmative Action “baby
boomers”

Effects of Career Courses



Effects of Career Courses

Effective career courses provide

- Opportunity to clarify goals in writing
- Individualized interpretations & feedback
- Information about risks & rewards of career fields & occupations
- Study of models/mentors who exhibit effective career behavior
- Assistance in developing support networks

(Brown & Krane, 2000)

Effects of Career Courses

Outputs:

Skills, knowledge, and attitudes acquired by participants as the result of an intervention

Outcomes:

Resultant effects occurring at some later point in time

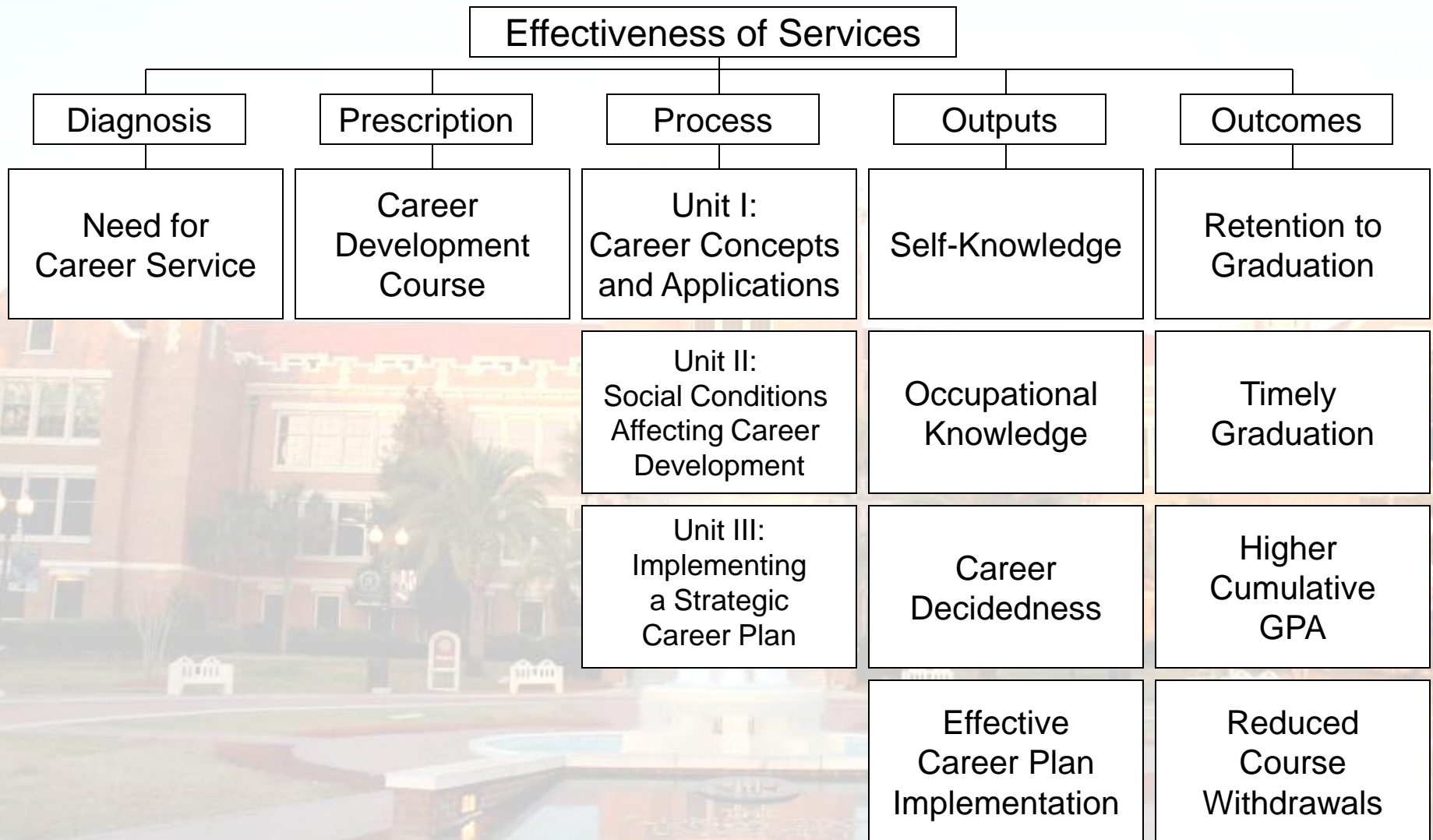
(Peterson & Burck, 1982)

Effects of Career Courses

- Objective
 - ...
- Subjective
 - ...
- Both
 - ...



Outputs Leading to Outcomes



(Reardon & Folsom, 2001; Peterson & Burck, 1982)

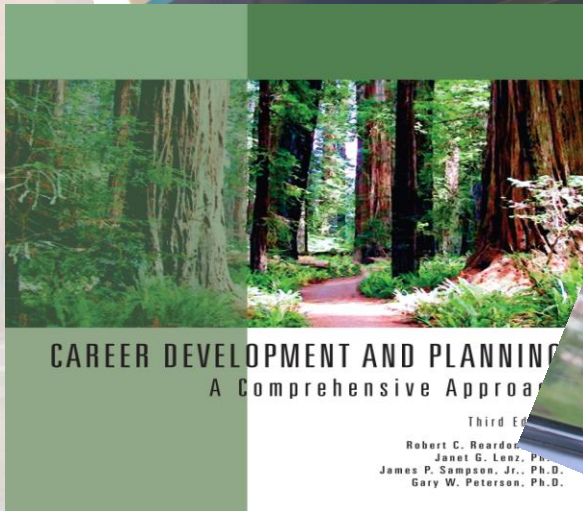
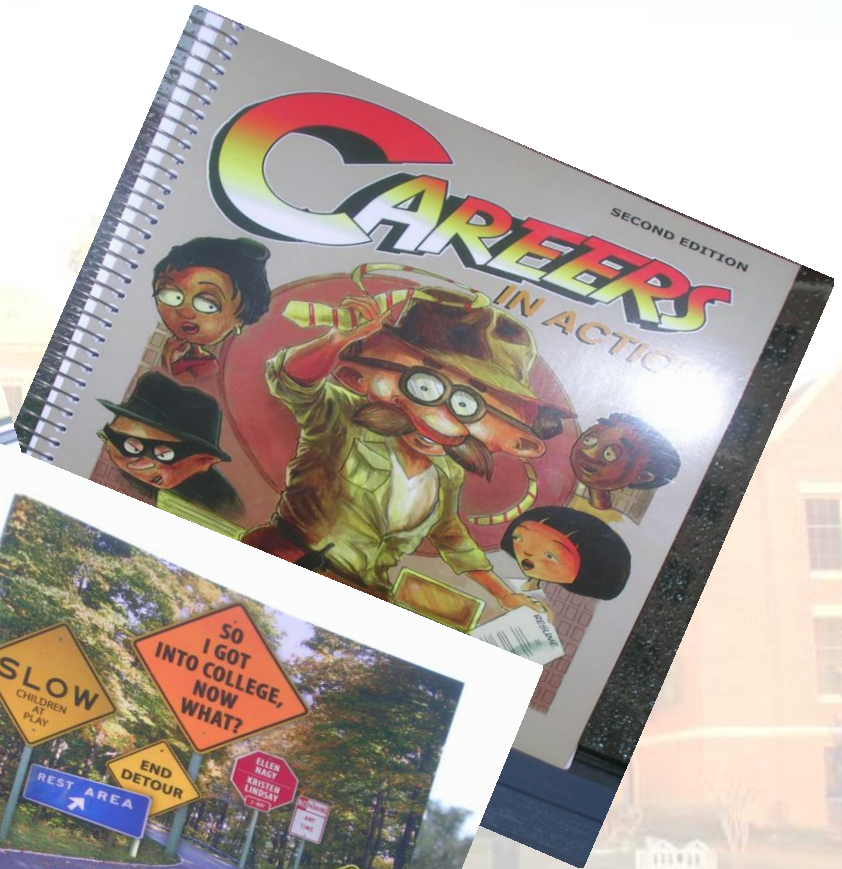
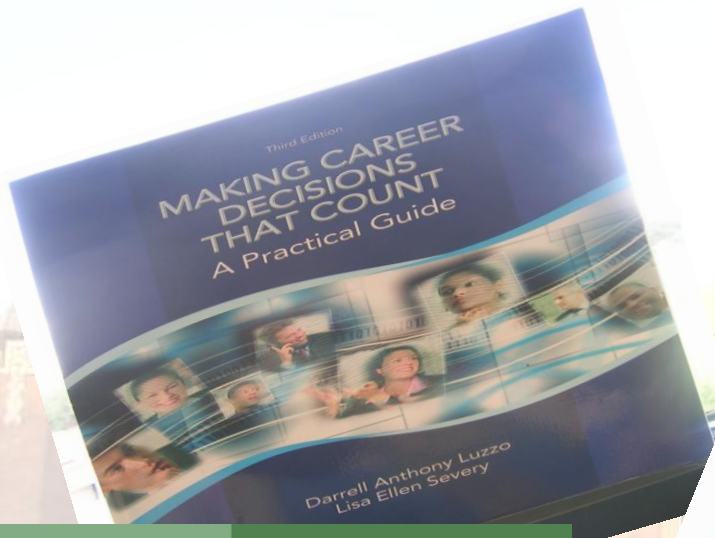
Effects of Career Courses

Factors to measure

- Client satisfaction
- Improved career decision making skills
- External indicators
 - # of jobs generated
 - # of successful transitions
- Longitudinal studies
- Process variables
 - # of clients served including demographic variables
 - # of assessments provided

(Magnusson et al., 2005)

Choosing a Career Text: Inspiring Creativity



A large, ornate brick building with two towers and a central fountain in the foreground. The building has a classical architectural style with many windows and decorative elements. The fountain is a multi-tiered structure with water spraying upwards. The scene is set in a well-maintained courtyard with green lawns and several white benches. The overall atmosphere is bright and sunny.

Custom Publishing

Inspiring Creativity

Custom Publishing

Price

- Number printed
- Permissions cleared
- Color
- Cover
- Page count

Time

- 2- 3 $\frac{1}{2}$ months

The background of the slide is a photograph of a large, multi-story brick building with a classic architectural style. The building features two prominent towers with arched windows and a central entrance. In the foreground, there is a large, ornate fountain with multiple tiers and water spraying upwards. The scene is set in a well-maintained courtyard with green lawns and several white benches. The overall atmosphere is bright and sunny.

Creative Activity

Write the 1st letter in each box
(i.e., R for Realistic)

Creative Activity

Locate your 2nd letter and introduce yourself

Introductions:

- Name
- Position
- Teaching experience
- Something about you, related to your letter

Move to your left or right, if no one is at your letter

A large, ornate brick building with two towers and a central fountain in the foreground. The building has a classical architectural style with many windows and decorative elements. The fountain is a multi-tiered structure with water spraying upwards. The scene is set in a well-maintained courtyard with green lawns and several white benches. The overall atmosphere is bright and sunny.

Brainstorming Activity

Your ideas?

Brainstorming Activity

- Discussion topics
 - Reiterate teaching experience
 - Examples of creative teaching
- Examples may include
 - Activities & assignments
 - Teaching methods & topics
 - Assessments
- Designate a “scribe”

Brainstorming Results

• ...



http://www.career.fsu.edu/techcenter/NCDA_09.html

Career Course Options

The background image shows a grand, multi-story brick building with two prominent towers and a central entrance. In the foreground, there is a large, ornate fountain with multiple tiers and water spraying upwards. The scene is set on a well-maintained lawn with several white benches and palm trees. The overall atmosphere is that of a prestigious university campus.

Career Course Options

- Credit vs. no credit
- 1st year vs. upper division
- Elective vs. required course
- Registration open vs. deadline
- Career counseling staff vs. faculty
- Distance vs. face-to-face
- Text vs. no text

(Folsom et al, 2005)

Career Course Options

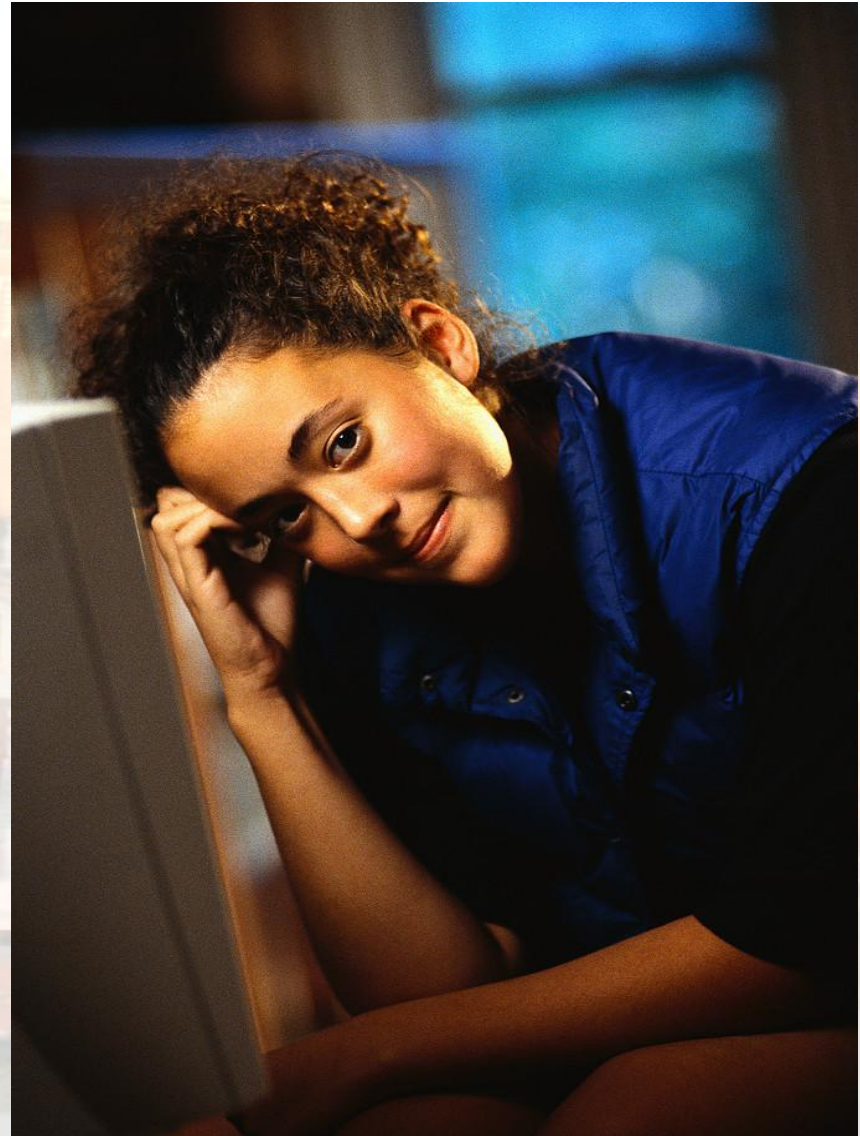
- Structured vs. open-ended format
- Career planning vs. job search focus
- Stand-alone vs. fully integrated format
- Population specific vs. nonspecific

Case Study

A large, ornate brick building with two prominent towers and a central fountain in the foreground. The building features a red roof, white window frames, and decorative architectural elements. The fountain is a multi-tiered, white stone structure with water spraying upwards. The scene is set in a well-maintained courtyard with green lawns, palm trees, and white benches. The overall atmosphere is bright and sunny.

Students' Perspectives

Why are
you
taking
this
class?



Demographics

•Gender

- 51% female
- 49% male

•Ethnicity

- 71% Caucasian
- 21% African-American
- .7% American-Indian
- 5.5% Hispanic-American
- 1.4% Other
- 0% Asian-American

•Age

- Range: 18–36
- Mean: 21.81
- SD: 2.767

•Class

- 4.8% Freshmen
- 16.6% Sophomores
- 15.9% Juniors
- 62.1% Seniors

•Disability

- .02% total
- 3 students/class

•Athletes

- .08% total
- 12 students/class

(January 2007)

Students' Perspectives



What do you think about the way the class is designed?

Instructional Design

- 12 sections/yr (28–30 students/class)
- Variable credit
- Elective course
- Instructor–student ratio = 1:7–10
- Team–taught instruction model
 - Small groups, individual conferences
- Career Center as course lab
- Comprehensive in scope
- Theory

Students' Perspectives

What did you think about the assignments?



Activities

- Values auction
- Scavenger hunt
- Holland Party Game
- Portfolio assignment
- Information interviews
- Employer panels
- CASVE cycle paper
- Organizational culture simulation
- Reframe negative thoughts

FSU course materials:

<http://career.fsu.edu/courses/sds3340/>

Students' Perspectives



What did you get
out of this class?

Course Benefits

- Quizzes
- Papers
- Career Thoughts Inventory
- Instructor conferences
- Anonymous instructor evaluations
- Class discussions or exercises

Contact Information

Call (850) 644-6431 or e-mail
Casey Dozier, *casey.dozier@gmail.com*
Susie Musch, *em06d@fsu.edu*

Presentation materials:

http://www.career.fsu.edu/techcenter/NCDA_09.html

References

- Brown, S. D., & Krane, N. E. R. (2000). Four (or five) sessions and a cloud of dust: Old assumptions and new observations about career counseling. In S. B. Brown & R. W. Lent (Eds.), *Handbook of counseling psychology* (3rd ed.). New York: John Wiley & Sons.
- Folsom, B., Reardon, R., & Lee, D. (June 28, 2005). *The effects of college career courses on learner outputs and outcomes* (technical report No. 44). Tallahassee, FL: Center for the Study of Technology in Counseling and Career Development, Florida State University.
- Magnusson, K., & Lalande, V. (2005). *The State of Practice in Canada in Measuring Career Service Impact: A CRWG Report*. Ottawa, ON: The Canadian Career Development Foundation.
- Peterson G. W., & Burck, H. D. (1982). A competency approach to accountability in human service programs. *Personnel & Guidance Journal*, 60, 491-495.
- Reardon, R., & Folsom, B. (March, 2001). *The Effects of Career Courses on Learners and Colleges*. American College Personnel Association, Boston.
- Sweet, S. A., & Meiksins, P. (2008). *Changing contours of work: Jobs and opportunities in the new economy*. Thousand Oaks, CA: Pine Forge Press.
- Whiston, S. C., Sexton, T. L., & Lasoff, D. L. (1998). Career-intervention outcome: A replication and extension of Oliver and Spokane (1988). *Journal of Counseling Psychology*, 45, 150-165.