### CREATIVE CONNECTIVITY:

### Exploring Tomorrowland's Technology Today

Dr. Deb Osborn,

Past President NCDA, Current ACA Governing Rep

Associate Professor, Florida State University

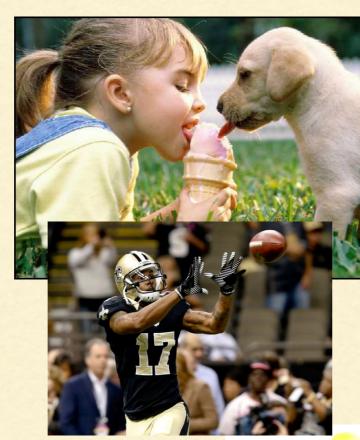
Co-Director, Center for Study of Technology in Counseling & Career Development (Housed within the FSU Career Center)

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## WHEN THINKING OF CONNECTIVITY, WHAT COMES TO MIND?















## "TENNESSEE"



Originated from the old Yuchi Indian word "Tana-see," which means...?



## THE MEETING PLACE

Aboriginal art, central Australia by artist Jabaljarri of the Jawoyn tribe

## OUR CLIENTS MEET US SEEKING CONNECTIONS



To assessments, information, job search strategies, support, us.

## 90s NERD



### 70's/80's Child



How I lived without a smart phone



How I lived without an Xbox, PS3 or Wii



How I lived without YouTube



How I lived without an iPod



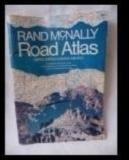
How I lived without text messaging



How I lived without Google



How I lived without email, Facebook, or Twitter



How I lived without GPS



How I lived without a Kindle or Nook

## TIMES HAVE CHANGED

When the winds of change blow, some people build walls and others build windmills.

-Chinese proverb

## Current Connections

Via individual, group, workshop, online-synchronous & asynchronous

### **Career Decision Making**

- Talk therapy
- Assessments
  - Standardized
  - Non-standardized
- Informational Interviews
- Journal
- Shadowing
- Research
- Decision Making Guides

### Job Search

- Networking
- Resume-writing
- Researching Companies
- Mock Interviewing
- Elevator Speech
- Dress for Success
- Accessing the Hidden Market

And that's for one aspect of our work-consider teaching, supervision, research, consulting, etc.

## YESTERDAY



#### STEP 3: Understand Myself

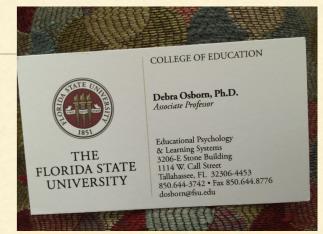
Understand My Values, Interests, and Skills

Self-knowledge includes a clear understanding of your values, interests, and skills.

Values: Guiding principles that reflect what is most important to you in life Interests: Topics you enjoy reading about and activities that leave you energized. Skills: Developed talents or abilities.

- What did I like most and least about the past experiences that I have had? (jobs, community service, school
- · What is important to me?

· What do I enjoy doing?

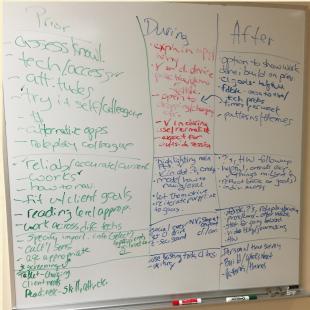








**OCCUPATIONAL OUTLOOK HANDBOOK** 













#### NCDA WEBINAR SERIES

NCDA 2012 Conference Closing Plenary: Laying the Foundation for Career Dreams Panelists include:

- · Dr. Janet Lenz Cognitive Information Processing Theory · Dr. Joe Johnston - Holland's RIASEC Theory
- · Dr. John Krumboltz Happenstance Theory
- · Dr. Gail Hackett Social Cognitive Career Theory
- · Dr. Spencer Niles, Moderator











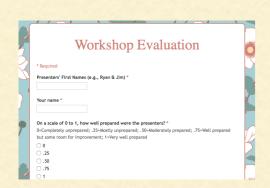
## TAGGED



## **VSee**



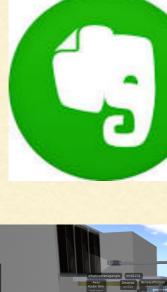






























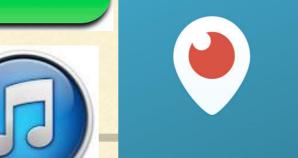




















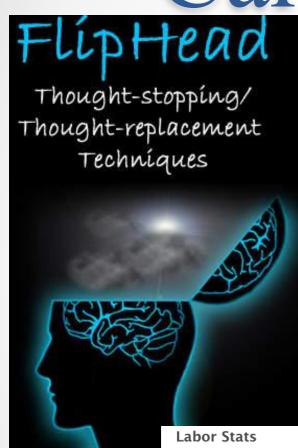






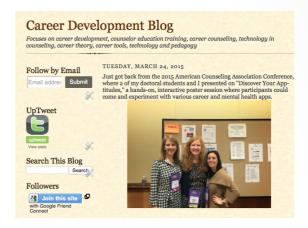


Career Decision-Making











http://tinyurl.com/CIP-theory

http://acrn.ovae.org/decision.htm



















The aim of this free, anonymous site (with no advertisements) is to assist you in making better career decisions





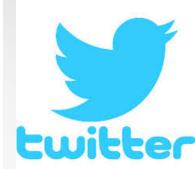














## Job Searching

#### Career Guides

#### **General Employment Strategies**

- > Building Your LinkedIn Presence
- > Creating a Career Objective
- > Dressing to Impress
- > Negotiating Job Offers
- > Preparing for a Career Fair
- > The First Job Interview
- > Preparing for a Telephone Interview
- > Preparing for your Second Interview
- > Researching Potential Employers
- > The First Job Interview
- > Using Proper Etiquette
- > Using the Internet in Your Job Searc
- > Writing Effective Letters
- > Writing a Resume

#### **Targeted Employment Strategies**

- > Finding a Summer Job
- > Interviewing for a Faculty Position











the new career ecosystem



(intel)







## TOMORROW



- Look for more integration between static and fluid (researching occupations, link to employers, sm)
- Flexibility and adaptability to new tools
- Creative expressions via technology of self in decision making and job search
- Continued link between career & MH
- Expectation of some online service delivery beyond a virtual presence
- Emergence of technological innovators & early adopters among us

"We dreamers need to stick together."

## CREATIVE RESPONSE

- Risk taking
- Playfulness combines with discipline
- Dreaming and doing
- Passionate but objective
- From Creativity: The Work and Lives of 91 Eminent People (Mihaly Csikszentmihalyi, 1996)

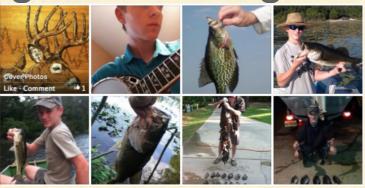


### CREATIVE EXAMPLES



- Periscope: leverage that connection-watch me demo a great way to approach an employer, informational interview, respond to tough interview questions.
- Reminder app for cognitive reframe.
- Facebook, Pinterest, etc. to explore self-knowledge, networking
- Snapchat: check interview outfit

Ask a librarian? Ask a career practitioner.



### Chat with

us!

ASU Students, Alumni and Employers, chat with our online career advisors! Get real-time answers to your questions from Career Services



#### Online Chat Hours:

M-F 10-11 a.m., 1-2 p.m., 3-4 p.m. (All Times MST)

## Cultivating Creative Connections

Via individual, group, workshop, online-synchronous & asynchronous

### **Career Decision Making**

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And that's for I aspect of our work-consider teaching, supervision, research, consulting, etc.

Did you come up with any of these?

## Sample P\*interest Board





Deb









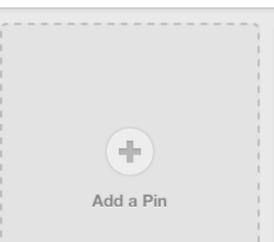




13 Followers

Move Pins

**Edit Board** 





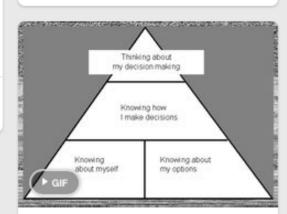
Free career decision making tools created by Dr. Itamar Gati at Hebrew University.

Pinned from kivunim.huji.ac.il



While the website is not being maintained, the "tool" still works, based off of Cognitive Information Processing Theory. Use the tool: acrn.ovae.org/...





What's Involved in Career Choice Diagram. More detail at the 1st link at www.career.fsu.ed....



The Great Convergence of Academic and Career Advising -Josh Morrison, Indiana University

Pinned from studentaffairscollective.org

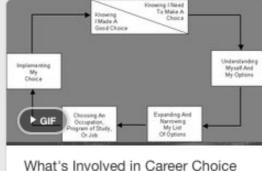


Diagram. More detail at the 1st link at www.career.fsu.ed....

平士 1

Pinned from career.fsu.edu





How to Create a Mission Statement for Yourself - Tico ♥ Tina

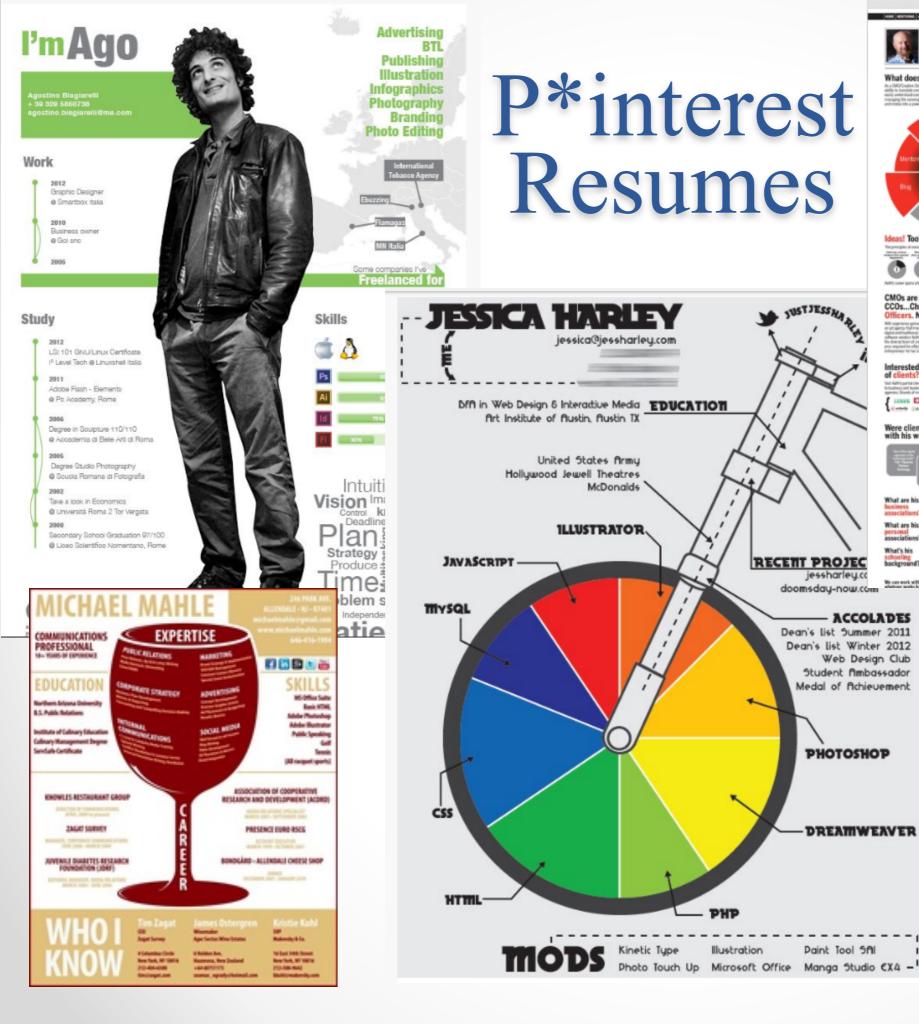
Mission statements aren't only for businesses. Learn how to create a mission statement for yourself to get more focused, get more efficient, and make decisions easier.

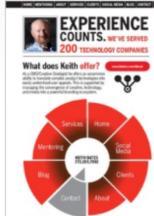


Choosing a career path can be one of the most exciting and frustrating things ever.

Pinned from weddingphotography.com.ph









NST JESS HAR

jessharley.co

Dean's list Summer 2011

Dean's list Winter 2012

- ACCOLADES

Web Design Club

Student Ambassador

Medal of fichievement

**PHOTOSHOP** 

DREAMWEAVER

Paint Tool 5ft

doomsday-now.com

CCOs...Chief Curatin Officers. Need one?

Interested in his list of clients? LEBUE DE CONTRACTO NOTE TO THE

Were clients happy with his work?

Dan Diacn infographic 10 repins

Bex Petro



Curriculum Vitae 2012 by ~Eklosion on deviantART

20 repins 4 likes

Repinned by Bex Petro

dandiacon.com



eklosion.deviantart.com

Pinned by Bex Petro

27 repins 5 likes

Resume 2012 by AGOSTINO

by AGOSTINO Biagiarelli

Biagiarelli, via Behance

from behance.net



Infographic Curriculum Vitae by Tania Bakkes, via Behance

Be by Tania Bakkes 26 repins 6 likes



behance.net



### Irish Pub Only Accepts Job Applications Through Snapchat

Posted Jun 30, 2014 by Cat Zakrzewski (@Cat\_Zakrzewski)



At one pub in Ireland, applying for a staff position is actually a snap.

Sober Lane, which is opening a new Dublin location in July, is only accepting applications through Snapchat, the app that allows users to send impermanent pictures and videos to their friends.



## Snapchat



@acura insider

@OfficialAEO

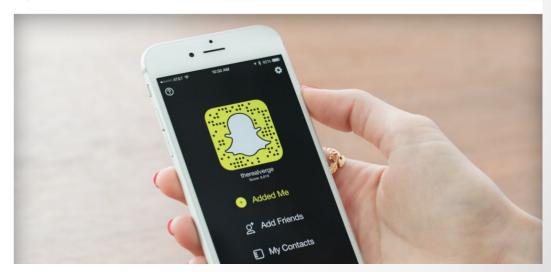
@Love16Handles

### Snapchat starter pack: the 10 accounts you should follow

Acura:

16 Handles:

American Eagle:



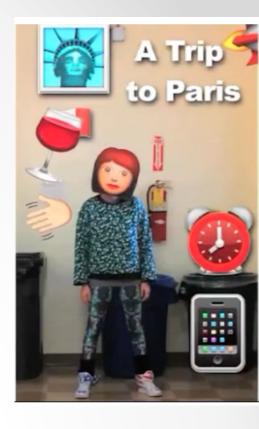
http://tinyurl.com/snapchatlist

COMMENTS

## SnapChat & Vine











The marionette comes to life... Fella and Kit by Patrick Doyle





#### <u>SeminoleLink</u>

An online jobs database connecting students with employers hiring



Find a Part-Time Job

A direct listing of part-time and seasonal job opportunities



**ProfessioNole** 

A network of alumni and friends of the University providing career insight to students



Garnet & Gold Scholar Society

A program which facilitates involvement and recognizes the engaged, wellrounded student



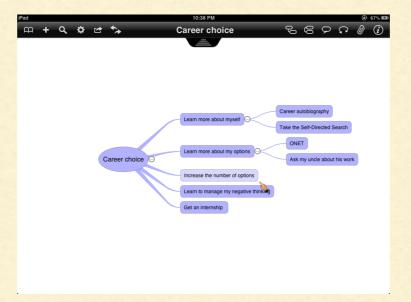
Career Portfolio

An online tool helping students document their skills and accomplishments



Placement Partners

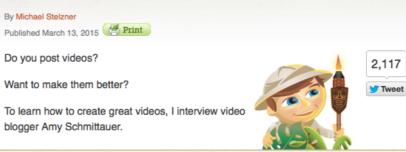
A distinguished group of organizations which support student career development and employment programs at The Career Center

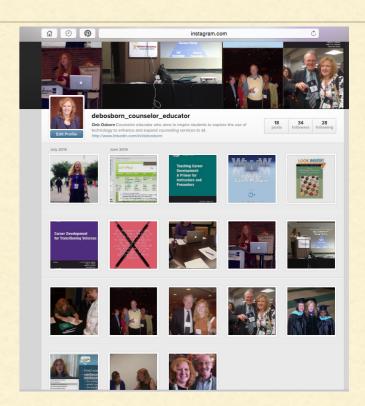


### Or these?

# What's your favorite way to overcome presentation jitters? Respond at PollEv.com/ballot Text BALLOT to 22333 once to join, then A, B, C, D, or E Deep breathing A 35% A little exercise B 17% Practicing a LOT C 24% Hot tea or food It's a secret! E 11%

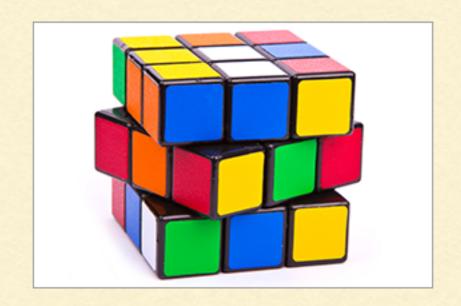
### Video Blogging: How to Become a Video Personality





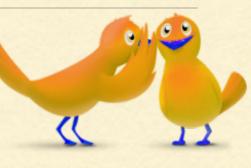


## PRESENTS US WITH SEVERAL CHALLENGES



- Staying in the know and with the flow (client preferences)
- Navigating ethical concerns
- What to try, what to let lie

## HOW DO YOU STAY IN THE KNOW?



### Listen to your clients

- Key phrases, metaphors why not technologies?
- What technologies are they already using?

### Research

- What's being done with technology and helping professions?
  - Distance counseling bibliography (<a href="http://tinyurl.com/Techbib">http://tinyurl.com/Techbib</a>)
  - CDQ, Career Convergence

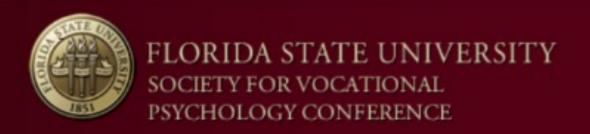
### Network

- NCDA Sessions (50 Mobile Hacks Career Counselors Need Right Now!)
- NCDA Committee Technology
- Linked In Groups –e.g., Career Counselor Technology Forum; Coalition for Technology in Behavioral Sciences
- o Follow Techno-Tweeps: @Peter Carey, @CareerTechForum, @dsosborn









Enter search term...

SEARCH: SVP 2016 FSU.edu

LODGING REGISTRATION PROGRAM SUBMISSION SPONSORS LOCAL INFORMATION



### Society for Vocational Psychology, 2016 **Biennial Conference**

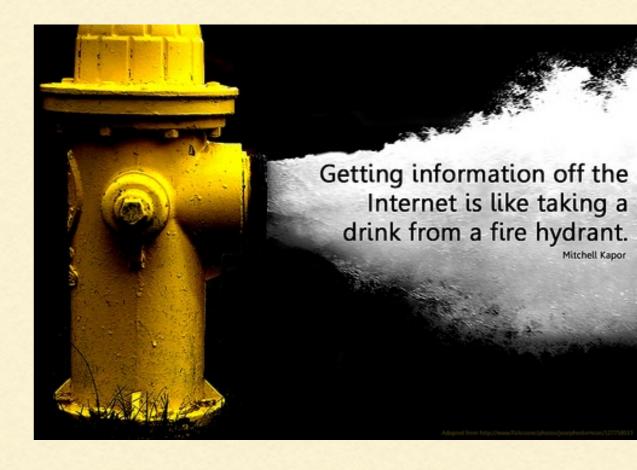
Integrating Theory, Research, and Practice in Vocational Psychology May 16-17th, Tallahassee, Florida, Florida State University

## ETHICAL CONCERNS



- Technology links to each section of our ethical guidelines
- Respect/dignity, confidentiality and privacy, supervision, research, assessment, diversity, access, boundaries of competence, teaching, advertising.
- Also consider client readiness.



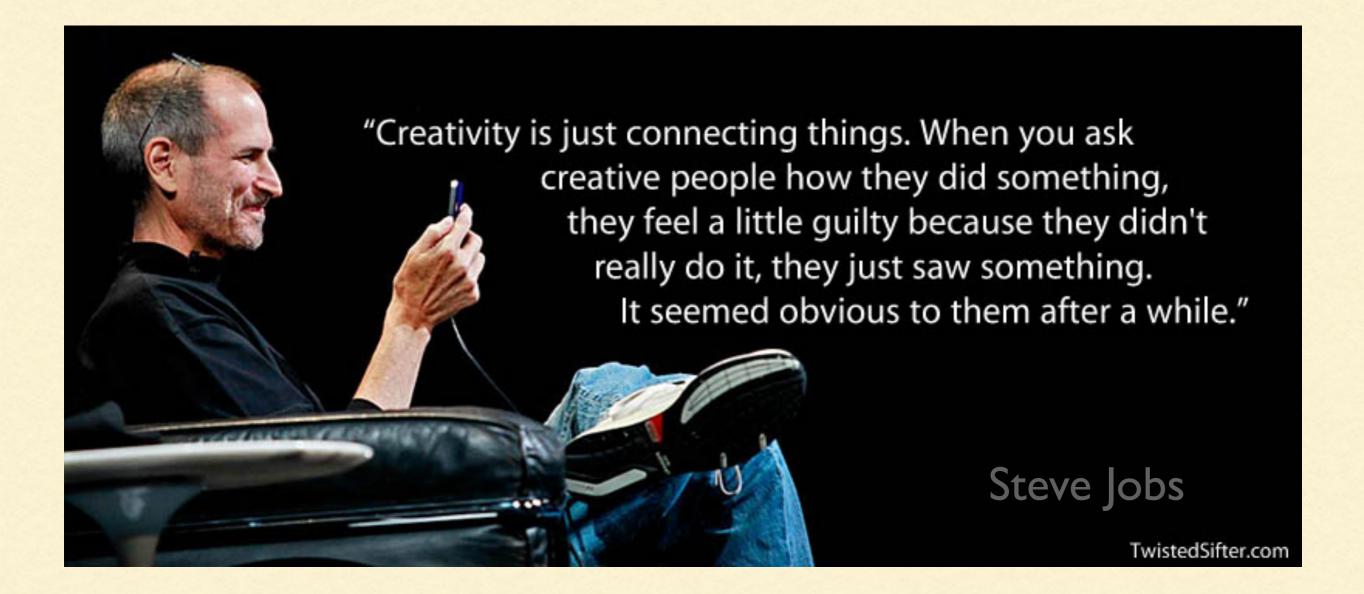


## TECHNOLOGY OVERLOAD

## COMMITMENT TO CONNECTING

- Evaluate: is there a need? What's the goal?
- Who else likes this, can share the load?
- What options are there? SWOT Analysis.
- What training do I need? What may happen if we try this? What will happen if we don't? How will I evaluate if it's worth it?
- What's my next step?





### CULTIVATING CREATIVE CONNECTIONS

Slides will be available: <a href="http://www.career.fsu.edu/Tech-Center">http://www.career.fsu.edu/Tech-Center</a>

dosborn@fsu.edu