

Nutrition, Food, and Exercise Sciences

Sample Occupations

DIETETICS

Administrative Dietitian
Clinical Dietician
Dietary Manager
Dietetic Technician
Dietician
Dietician, Community
Dietician, Teaching
Food Service Director
Health & Nutrition Consultant
Nutrition Journalist
Public Health Nutritionist
Research Dietician
Sports Nutritionist

NUTRITION AND FOOD SCIENCE

Consultant
Cook
Food Editor
Food Equipment Marketer
Food Nutrition Journalist
Food Product Developer
Food Product Marketer
Food Scientist/Technologist
Food Service Administrator
Food Service Manager
Food Service Coordinator
Food Service Director
Food Service Specialist
Health Educator

Home Economics Teacher
Laboratory Food Tester
Nutrition Consultant
Nutrition Counselor
Nutrition Researcher
Product Developer
Quality Control Specialist
School Food Service Director

EXERCISE SCIENCE

**Concentrations in Fitness,
Exercise Physiology, Pre-
Physical Therapy & Sports
Medicine (Athletic Trainer)*
Cardiopulmonary
Rehabilitation Specialist
Chiropractic Specialist

Clinical Exercise Physiologist
Corporate Fitness Instructor
Diet Center Director
Exercise Testing Technician
Health/Fitness Instructor
Health Promotion Specialist
Nutrition Consultant
Physical Therapist
Physical Therapy Aide
Physician's Assistant
Occupational Therapist
Respiratory Therapist
Sports Nutritionist
Strength & Conditioning
Specialist
Weight Reduction Specialist

Sample Work Settings

Dietetics
Community & public health
settings
Correctional Institutions
Factory Cafeterias
Food Manufacturers &
Processors
Health Spas
Hospitals, Health
Organizations
Physician's Office
Private Practice

Schools, Colleges &
Universities
Social Service Agencies
State & Federal Research Labs
Wellness Centers
Nutrition & Food Science
Airline Schools
Colleges & Universities
Food Industry Laboratories
Food Manufacturing/
Processing Plants

Food Research Departments
Hotels & Restaurants
Nursing Homes
Private Practice Fitness Centers
Processing Firms
Public Health Agencies
State & Federal Social Service
Agencies
U.S. Department of Agriculture
& Health & Human Services
Exercise Science

Athletic Teams
Businesses
Fitness Centers
Health Departments
Health Organizations
Hospitals
Private Practice
Spas/Resorts

Sample Career Center Library Resources

Careers for Gourmets & Others Who Relish
Food IIA CF-G61
Career Info Center, Vol. 7 Health IIA CIC-7
Careers in Health Care IIB 29-1000 W4
Careers in High Energy People..... IIA CF A4
Careers for Health Nuts & Others Who Like to
Stay Fit IIA CF-H4
Developing a Lifelong Contract in the Sports
Marketplace IIB 27-2020 C9
Food Jobs IIB 35-0000 C4
Guide to Careers in the Health Professions IIB 29-1000 C3
Health Care Job Explosion..... IIB 29-1000 D3
Health Professions Career & Education
Directory..... IIB 29-1000 A4

Opportunities in Culinary Careers..... IIB 35-1011 D6
Opportunities in Holistic Health Care
Careers..... IIB 29-1199.01 G5
Opportunities in Nutrition Careers..... IIB 29-1031 C3
Opportunities in Restaurant Careers
Opportunities in Sports Medicine
Careers IIB 29-1129.02
Planning Your Career in Alternative Medicine..... IIB 29-1000 L9
Sports Marketplace Directory VIB6 L51
The Comprehensive Guide to Careers in Sports VI B6 W6
Your Future Your Choice: Careers in
Allied Health IIB 29-1000 N3

For POSSIBLE electronic format for these or other related resources, use the FSU Libraries Catalog at lib.fsu.edu; select Advanced Search: Keywords Anywhere = vocational and Title Keywords = type a specific career area (think of alternate terms to describe your career in case one doesn't give results).

* Please ask a career advisor for help in identifying resources for the occupations. Note that some of these options may require an advanced degree.*

Other Sources of Information

Choices Planner
www.flchoices.org

eDISCOVER
www.act.org/discover/login
(Obtain a User ID from a career advisor)

Encyclopedia of Careers & Voc. Guidance
IIA E6 v. 1-5

Occupational Outlook Handbook
www.bls.gov/oco

O*NET
www.onetcenter.org

SIGI 3
www.career.fsu.edu/sigi
(Obtain a User ID from a career advisor)

Sample Professional Organizations

American Culinary Federation
St. Augustine, FL
www.acfchefs.org

American Dietetic Association
Chicago, IL
www.eatright.org

American Council on Exercise
San Diego, CA
www.acefitness.org

American Society for Nutrition
Bethesda, MD
www.nutrition.org

The National Association for Health & Fitness
Indianapolis, IN
www.physicalfitness.org

International Confederation of Dietetic Associations
Toronto, Ontario
www.internationaldietetics.org

For other related professional organizations, go to FSU Libraries at lib.fsu.edu; select Database A-Z list; select Gale Databases; choose Associations Unlimited

Sample Web Sites

Department of Nutrition, Food, & Exercise Science
www.chs.fsu.edu/nfes
Nutrition Jobs
www.nutritionjobs.com

School Nutrition Association Job Board
careers.schoolnutrition.org

Other Resources

Check for registered student organizations that will help you explore your major
union.fsu.edu/sac/sos; select Search FSU Groups

Check for volunteer opportunities that will help you explore your major
thecenter.fsu.edu/students.html

Available in alternative format upon request.

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