

Module 1

Working with the Career Center

The purpose of our career advising, information, and programming services is to assist you in solving current career problems and making appropriate career and academic decisions. Our goal is to help you solve your current career problems while improving your skills for making future career decisions.

Objectives

1. To introduce you to career advising, information, and programming.
2. To help you select the activities that will assist you in solving your career problems.

Activities to Help You Achieve These Objectives

- Examine a Career Center brochure, career guides, and other handouts to learn more about services and programs.
- Ask a Career Advisor to explain Career Center services and the career advising process to you.
- Ask for a current schedule of Career Center events or view them at career.fsu.edu/
- Browse through module sheets #2- #17 (listed below) to learn more about common concerns addressed through career advising.

Career Center Module Sheet Topics:

#2. *Making a Career Decision*

#3. *Exploring Your Interests, Values, & Skills*

#4. *Finding Career Information*

#5. *Matching Majors and Jobs*

#6. *Understanding Job Forecasts*

#7. *Balancing Work and Leisure*

#8. *Maximizing Diversity*

#9. *Planning a Career as a Woman*

#10. *Emphasizing Strengths over Disabilities*

#11. *Making a Career Transition*

#12. *Get Experience*

#13. *Launching Your Job Campaign*

#14. *Careering Abroad & Cross Culturally*

#15. *Going to Graduate School*

#16. *Choosing a Major*

#17. *Dual Career Couples and Families*



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