- **Be Personable**
  - Though your mentee may not state it, there is intimidation when connecting with a professional in your field of interest. Share personal anecdotes and be personable to break the ice and help your mentee feel more comfortable.
- **Agree on Confidentiality**
  - Establishing a baseline for confidentiality on what will and not be shared is vital in building trust and a space where your mentee will feel comfortable asking questions, being vulnerable, and establishing rapport.
- **Actively Listen**
  - Remember that this relationship is about the professional development of your mentee and requires your attentiveness to offer advice that is best for your mentee. Take the time to learn about them and their professional motivations. Remember this is a reciprocal relationship, you might gain something from listening to them.
- **Model Professionalism**
  - Always be appropriate and honest in your communications with your Mentor FSU Mentee. Remember you are setting an example of professionalism for your mentee and they will likely base their professional behavior off your interactions.
- **Maintain Accountability**
  - Ensure you are following up with your Mentor FSU Mentee in a timely manner. The quality and depth of the mentoring connection is directly based on the effort you both put into it, so be sure to check in.
- **Express Encouragement**
  - Always end a conversation with your Mentor FSU Mentee expressing encouragement for their progress and growth. Be sure to restate agreed upon tasks and goals you both will complete and schedule your next meeting time!
- **Promote Networking**
  - Connect with your Mentor FSU Mentee on other platforms such as LinkedIn. Share relevant connections in your professional network so your mentee can start building their own and stay in touch to see their growth.