Career Counseling and Services:  
A Cognitive Information Processing Approach

James P. Sampson, Jr., Robert C. Reardon, 
Gary W. Peterson, and Janet G. Lenz

Florida State University

Copyright 2003 by James P. Sampson, Jr., Robert C. Reardon, 
Gary W. Peterson, and Janet G. Lenz
All Rights Reserved
Preface
Source of Book Content

• The study of **vocational behavior**
  – The factors that shape the choices we make about work and life

• The study of **career assistance**
  – The career resources and career services we provide to help persons make appropriate career choices
Audience for this Book

• Counselors (and other human service practitioners) helping persons effectively
  – cope with work issues, and
  – deal with the connection between work and various personal, social, and family issues
Audience for this Book

• General counseling practitioners with clients experiencing career problems
  – Awareness, entry skills, good referrals

• Career counseling practitioners
  – Design, deliver, manage, and evaluate services

• Practitioners-in-training
  – General counseling and career counseling
How the Book is Organized

• Foundation of the book - Chapter 1
• Theoretical concepts that guide practice - Chapters 2 and 3
• Strategies for delivering career resources and services - Chapters 4 through 7
• Case studies showing the use of the CIP approach in practice - Chapters 8 through 10
• How resources & services are designed, managed, & evaluated - Chapters 11 through 15
Use With Other CIP Resources

• Career Development and Planning: A Comprehensive Approach
  – Text
  – Student Manual

• Career Thoughts Inventory
  – Test Booklet
  – Workbook
  – Professional Manual
How to Use the Book Effectively

- Survey
- Question
- Read
- Recite
- Review
For Additional Information

www.career.fsu.edu/techcenter/

Thank You