Career Development in Corrections

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Presentation Overview

- Why is This Important?
- Current Programs
- New Direction
- CIP Approach
- Utilizing CIP in Corrections
Why is This Important?

- Offenders
  - Roughly 1,600 individuals a day will be released from prisons
  - Inability to obtain employment contributes to recidivism
  - Potential problems they will face:
    - Unemployment
    - Homelessness
    - Substance abuse
    - Mental health problems
    - Social stigma
    - Domestic issues
Why is This Important?

- **Female Offenders**
  - In 2004, 104,848 women were in prison
  - Fastest growing prison population
  - Women may have more obstacles due to:
    - Social problems
    - Lack of self-esteem
    - Social embarrassment of felon status
    - Lack of assertiveness
  - Vocational programs tend to be restricted to “female occupations”
  - Some research indicates difference in career variables (i.e. career thoughts and interests)
Current Programs

- Most correctional facilities offer the following services:
  - Vocational
  - Academic
  - Transitional

- Many facilities exceed traditional services
New Direction

- “Human Capital” Approach
  - Improvement in skills + attitudes toward work + self-esteem = increased employment opportunities upon release

- Examine numerous layers of career development issues
  - Thoughts surrounding career
  - Values, interests, and skills
  - How and where to find career information
  - How to make a decision
  - Feeling confident about decision made

- How can this be accomplished?
Cognitive Information Processing

- The Pyramid of Information Processing Domains
  - “Content” of career problem solving and decision making
Cognitive Information Processing

- The CASVE cycle
  - “Process” of career problem solving and decision making
Utilizing CIP in Corrections

- Identifying, challenging, and altering negative thoughts
- Identifying occupations that are congruent with interests
- Learning how to solve problems to decrease future difficulties
Questions???

Presentation materials posted at: www.career.fsu.edu/techcenter/

Please feel free to email me with questions or comments: kracoff@gmail.com
References - Offenders

References – Female Offenders

References – Career Development

References – Career Development in Corrections