Module 9

Planning a Career as a Woman

This module assumes: 1) you are a woman ready to make a career change; 2) you probably have some family responsibilities; 3) you would like to enter or reenter the work force, but are not sure what field would be right for you or who would hire you; 4) you are prepared to undertake further education, but are not sure it will get you where you want to go; and/or 5) you would like help in stepping back to take a clear, objective look at yourself and your options.

Objective 1

1. To provide you with the opportunity for self-assessment to examine your skills, interests, accomplishments, experiences, and motivations.

   Below Are Activities to Help You Achieve This Objective

   a. Discuss your situation with a Career Advisor.
   b. Review Module 3, Exploring Your Interests, Values, & Skills, to identify helpful self-assessment activities.
   c. Use Choices Planner (bridges.com/cpflorida) to identify your transferable skills.

Objective 2

2. To locate information sources which will help you create a tentative education career plan.

   Below Are Activities to Help You Achieve This Objective

   a. Search Career Key using one of these to locate resources in the Career Center Library:
      - Career & Life Planning → Life Style → Dual Career Couples
      - Career & Life Planning → Special Populations → Women
      - Career & Life Planning → Life Style → Life Style Issues
   b. Review or read materials in the Career Center Library relating to women and work:

Books

- Advancing Women in Business – The Catalyst Guide .......................................................... IG4 C3
- Highlights of Women’s Earnings in 2010 ................................................................. IG4 U5
- The Mom Economy .................................................................................................... IA B6
- What Color is Your Parachute ..................................................................................... IG4 W5
- Why Women Earn Less: How to Make What You’re Really Worth ....................... IG4 V3
- Women in Career & Life Transitions ........................................................................ IG4 A5
- Women in the Labor Force: A Databook ..................................................................... IG4 U75
Internet Resources

- **9 to 5, National Association of Working Women**
  9to5.org
  This national grassroots organization works towards economic equality.

- **Business and Professional Women’s Foundation**
  bwfwomen.org
  This organization serves as an advocate for working women on work-life balance and workplace equity issues. Local organizations provide scholarships and professional development, networking, and political activities.

- **National Association of Women Business Owners**
  nawbo.org
  This organization represents the interest of women business owners.

- **U.S. Department of Labor – Find It! By Audience – Women**
  dol.gov/dol/audience/aud-women.htm
  This site provides many links to resources about women in the workforce.

- **Women Employed Institute**
  womenemployed.org
  This resource serves as an information exchange and action network for women.

- **Women in Higher Education**
  wihe.com
  This site focuses on leadership and career strategies of women administrators.

- **Women in the Workforce – About.com**
  careerplanning.about.com/cs/forwomenonly/Women_in_the_Workforce.htm
  This site contains various articles and links related to issues women face in the workplace.

- **Women For Hire**
  womenforhire.com
  This resource provides information on career fairs, online job boards, and career networking for women.

c. If interested in returning to school, the FSU Center for Academic & Professional Development offers workshops for improving technology and writing skills. (850) 644-3801, learningforlife.fsu.edu.

d. Visit FSU’s Office of Financial Aid (UCA 4400) to learn about possible scholarships. (850) 644-0539, finaid.fsu.edu.

e. Use ProfessioNole in SeminoleLink (career.fsu.edu/professionole) to network with alumni and friends of FSU in career areas that interest you.

f. Learn about women’s organizations for specific professions that interest you using the National Trade & Professional Associations Directory VIE N3 (page 700).