

Distance Counseling: Eleven Key Points The Internet: A Tool for Career Planning

James P. Sampson, Jr.,
Jonathan D. Shy

Professional Development Institute
National Career Development Association Conference:
Career Development Across the Lifespan

Denver, Colorado
June 25, 2003

Key Points of Distance Counseling

- Relationship change: Not necessarily better or worse, just different.
- Privacy of information: Inability for third parties to gain access to client information; protect anonymity.
- Communicate emotion in e-mails

Key Points of Distance Counseling

- Validity of client ID
- Equality of access: People with disabilities etc.
- Technical capabilities/shortcomings of systems
- Theoretical Modalities: New theories, revisions of existing ones

Key Points of Distance Counseling

- Nature of sessions: Length, frequency
- Mode of distance counseling: Phone, e-mail, or video conferencing
- Change in physical proximity, not psychological proximity
- Payment

For Additional Information

www.career.fsu.edu/techcenter/

Thank You