

# Resources for Returning Mothers and Advocates

## Websites

### **Working Mother Magazine**

[www.workingmother.com](http://www.workingmother.com)

Contains list of 100 companies with most family-friendly policies.

### **BlueSuitMom.com**

[www.bluesuitmom.com](http://www.bluesuitmom.com)

Family and career information in many formats.

### **Hybridmom**

[www.hybridmom.com](http://www.hybridmom.com)

Articles about work/family balance, transitioning to child care, and decision to work or stay home. Advice for working moms and blogs.

### **iVillage**

<http://parenting.ivillage.com>

Transition information, advice from other moms, and tips on balancing work and family.

### **Monster. Career Advice**

<http://career-advice.monster.com/>

Information about re-entering the workforce, balancing work and family life, getting up-to-date on technology.

### **Work it, Mom!**

<http://www.workitmom.com/category-balancing>

Articles about career and money and balancing work and family, as well as blogs for moms.

### **Mothers & More**

[www.mothersandmore.org](http://www.mothersandmore.org)

Support and advocacy organization for mothers. Committed to improving the lives of mothers. Website contains information about current issues, resources, conferences, work/life balance statistics, and related research.

### **National Association of Working Women**

[www.9to5.org](http://www.9to5.org)

Committed to issues affecting women. Through their 9 to 5 Work Campaign they are currently working to expand family-friendly policies. The website also has publications and information about speakers.

**Business and Professional Women/USA Business and Professional Women's Foundation,**

[www.bpwusa.org](http://www.bpwusa.org)

Advocacy and public policy for workplace equity for women. They also have a Women in Transition Initiative, which supports professional development and also provide workshops and other opportunities for women to learn about public policy.

**iRelaunch**

[www.iRelaunch.com](http://www.iRelaunch.com)

Organization coordinates and implements reentry forums for those who are currently in transition. Attendees learn about occupational options, job search skills, and resources, and have the opportunity to network with employers. They also hear from others who have successfully transitioned back into the workforce as well as get advice from employers.

**Books**

Anderson, S. (2000). *Woman in Career & Life Transitions*. Jist Publishing: Indianapolis, IN.

Cohen, C. & Rabin, V. S. (2007). *Back on the Career Track: A guide for Stay-at-Home Moms Who Want to Return to Work*. NY: Warner Business Books.

Ellison, K. (2005). *The Mommy Brain*. Basic Books: NY.

Mason, L. (2002) *The Working Mother's Guide to Life: Strategies, Secrets, and Solutions*. NY: Three Rivers Press.

Wilcox, E. (2003). *The Mom economy: The mothers' guide to getting family-friendly work*. Berkley Books: NY.

**Symposium**

International Mothers-Return-to-Work Symposium, March 2008

[www.jwu.ac.jp/lecture/20080321\\_e.html](http://www.jwu.ac.jp/lecture/20080321_e.html)