



Exploring career and mental health concerns in college student veterans

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The image features a vertical strip on the left side showing a close-up of the American flag, with the stars and stripes visible. The rest of the slide has a solid blue background.

Overview

- College student veterans
- Mental health concerns
- Career development concerns
- Use of career services
- Gaps in empirical literature

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Introduction

- Influx of veterans entering higher education
- Veteran unemployment rate
- Minimal amount of literature
- Confront many challenges during their transition to student life

A close-up, vertical view of the American flag, showing the stars and stripes. The flag is positioned on the left side of the slide, with the stars in the upper left and the stripes extending downwards.

College Student Veterans

- Demographic characteristics
- Subgroup of non-traditional students
- Camouflaged population

A close-up, vertical view of the American flag, showing the stars and stripes. The flag is positioned on the left side of the slide, with the stars at the top and the stripes extending downwards. The background of the slide is a solid dark blue color.

Mental health concerns

- Physical, psychological, and emotional issues
- Impact of active duty deployment
- Service utilization

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Mental health concerns and academic functioning

- Impact of mental health on academic performance
- PTSD symptoms negatively correlate with a number of academic variables

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Career development concerns

- Examples of difficulties
- Limited research
- Career decision self-efficacy

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Use of career services

- Minimal research related to this topic
- Use of career resources in the future
- Results of a needs assessment

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Gaps in empirical literature

- Small sample sizes
- Limited diversity
- Single institutions surveyed
- Comparison groups
- Longitudinal studies
- Theory application

A close-up, slightly blurred image of the American flag, showing the stars and stripes. The flag is positioned on the left side of the slide, with the stars in the upper left corner and the stripes extending downwards.

Areas of future research

- Minimal literature related to career and mental health concerns
- Readiness factors in a college student veteran population
- Needs assessments and use of career services

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Additional information

www.career.fsu.edu/techcenter/

NCDA Veterans Committee

www.ncda.org

THANK YOU!